



CATHOLIC PARISHES OF BONDI

St Patrick's and St Anne's Parish Bulletin

MASS TIMES

Monday - St Anne's
No Mass
6.30pm Adoration & Confessions

Tuesday - St Anne's
7:15am

Wednesday - St Patrick's
7.15am

Thursday - St Patrick's
7.00pm
7.30pm Adoration & Confessions

Friday - St Anne's
9.15am

Saturday - St Anne's
9.00am

Sunday:
St Anne's - 8.00am & 5.00pm
St Patrick's - 10.00am

Miracle of the Bread and Fish by Giovanni Lanfranco (1620-1623)



CONFESSION TIMES

Monday - St Anne's
6:30 - 7:30pm

Thursday - St Patrick's
7:30 - 8:30pm

Sunday: half an hour before each Mass

PARISH STAFF

Fr. Anthony Robbie - **Parish Priest**
Marian Abi Khattar - **Parish Manager & Parish Safeguarding Support Officer**
Eugene Raggio - **Music Director**
Verna Wing - **Office Administrator**

PARISH OFFICE HOURS

Tues/Wed/Thurs: 10.00 - 12:30pm,
1:30pm - 5.00pm
Fri: 10:00am - 2:00pm

**Please note: The Parish Office will be closed on Tuesday 30 July.*

PARISH CONTACT DETAILS

Parish Office: 2 Wellington St Bondi
Ph: 9365 1195
E: admin@bondicatholic.org.au
W: www.bondicatholic.org.au
St Patrick's: 2 Wellington St Bondi
St. Anne's: 47 Mitchell St Bondi Beach

JOIN OUR MAILING LIST

Want to keep up to date with the parish notices?

Scan this QR code to sign up to our mailing list

or



visit the website:

<http://eepurl.com/hPRx8f>



STAY CONNECTED

Like/follow our social media platforms to keep up to date with the latest news in the Parish.

 www.facebook.com.au/bondicatholic
 www.instagram.com.au/
 bondicatholic

GIVE EASILY TO SUPPORT OUR PARISH AND SPECIAL COLLECTIONS

SCAN QR CODE WITH CAMERA



<https://GoodGiving.com.au>



Recently Deceased

Zachary Lerner & family, Samira Abouzeid, Adelina Pelosi, Anne Kearns, Rosalbina Blanco, Dubravka (Seka) Perjan, Fay Clark, Joe Barry

Anniversaries

Keith Henty, Thomas Brian Sheedy, John Charles McCarthy, Michael & Teresa McCarthy, Mary Agar, Antoinetta Durante, Maria & Pietro Macolino, Gabor Weiner, Graham Noonan, John Kemp, John Sadler, Mike Croker, John Jekyll, Col Toplis, Rose Stewart, Tony Finlay, Fay Clark, Henry McIntosh Forrester, Glenda Dolan, Farid & Adele Beaini, George & Saydi El-Bety, Nabil El-Bety, Filippo & Sarina Smirioldo, Anthony & Filippo Santamaria, Angela & Antinono Santamaria, Lucie Ruff, Joan Sadler, John Ross Smith, Ted Sime, Frances Leacy, John Charles McCarthy

Prayers for the Sick

Mary Powell, Maria Joao Rodrigues de Araujo, Jason Dickson, Maria Barbara, Diana Margaret Duguid, Margaret Murphy and Fred Molloy, Thaddeus West, Barbara Bristowe, Sarena McKinney

Special Intentions

Da Costa Family and Allen Family

This Week's Mass Intentions

- Sun 28 Jul:** 8.00am Holy Souls
10.00am Pro Populo
5:00pm Holy Souls
- Tues 30 Jul:** Rosalbina Blanco (recently deceased)
- Wed 31 Jul:** Holy Souls
- Thurs 1 Aug:** Holy Souls
- Fri 2 Aug:** Eula Guthrie (recently deceased)
- Sat 3 Aug:** Fr Charbel
- Sun 4 Aug:** 8:00am Holy Souls
10:00am Pro Populo
5.00pm Holy Souls

Choir



At 10am Mass, the choir will sing:
Offertory: 'Exsultate Iusti' (Viadana)
Communion: 'Panis Angelicus' (Lambilotte)
 At 5pm Mass, the choir will sing:
Offertory: 'Ave Maria' (Kromolicki)
Communion: 'Exultate Deo' (Scarlatti)

Feast Days



All the saints, pray for us!

- 29 July Saints Martha, Mary and Lazarus
- 30 July Saint Peter Chrysologus
- 31 July Saint Ignatius Loyola
- 1 August Saint Alphonsus Liguori
- 2 August Saint Eusebius of Vercelli & Saint Peter Julian Eymard
- 3 August Saint Dominic

"He who trusts himself is lost. He who trusts God can do all things."
 St Alphonsus Liguori

Sacramental Dates for 2024



First Holy Communion will be held on Sunday 25 August at the 5.00pm Mass at St Anne's. Parent / Student preparations will take place across four 45 minutes sessions on Tuesdays at 6.30pm: 30 July, 6 August, 13 August, 20 August in St Anne's Church Hall.



Sacrament of Confirmation will be conferred by Bishop Richard Umbers, Auxiliary Bishop of Sydney, on Sunday 27 October at St Anne's 5.00pm Mass. Parent / Student preparations will take place across four 45 minutes sessions on Tuesdays at 6.30pm: 3 September, 10 September, 17 September, 24 September in St Anne's Church Hall.



First Confession will be held on Tuesday 19 November 2024 at St Anne's. Parent / Student preparations will take place across four 45minutes sessions on Tuesdays at 6.30pm on: 22 October, 29 October, 5 November and 12 November in St Anne's Church Hall.

A message from the Archdiocese of Sydney

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at 9390 5813 or safeguardingenquiries@sydneycatholic.org. The Archdiocese has a legal obligation to report crimes to the police.



Parish Primary School

Galilee Catholic Primary School
 60B Blair Street, North Bondi
 Ph: 9130 7082



St Ignatius of Loyola & the Daily Examen

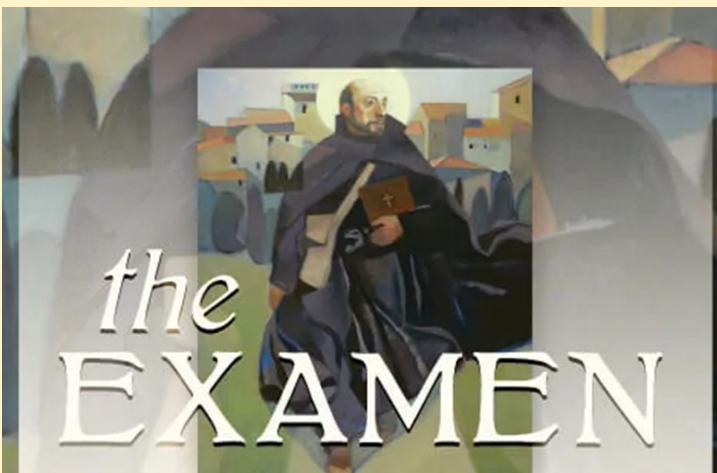
St. Ignatius Loyola was born in 1491, one of 13 children of a family of minor nobility in northern Spain. As a young man Ignatius Loyola was inflamed by the ideals of courtly love and knighthood and dreamed of doing great deeds.

But in 1521 Ignatius was gravely wounded in a battle with the French. While recuperating, Ignatius Loyola experienced a conversion. Reading the lives of Jesus and the saints made Ignatius happy and aroused desires to do great things. Ignatius realized that these feelings were clues to God's direction for him.

Over the years, Ignatius became expert in the art of spiritual direction. He collected his insights, prayers, and suggestions in his book the Spiritual Exercises, one of the most influential books on the spiritual life ever written. With a small group of friends, Ignatius Loyola founded the Society of Jesus, or the Jesuits. Ignatius conceived the Jesuits as "contemplatives in action."

Ignatius Loyola encouraged prayer-filled mindfulness by proposing what has been called the Daily Examen. The Examen is a technique of prayerful reflection on the events of the day in order to detect God's presence and to discern his direction for us.

(www.ignatianspirituality.com)



the
EXAMEN

The *Examen* is a method of reviewing your day in the presence of God. It's actually an attitude more than a method, a time set aside for thankful reflection on where God is in your everyday life. It has five steps, which most people take more or less in order, and it usually takes 15 to 20 minutes per day. Here it is in a nutshell:

- 1** Ask God for light.
I want to look at my day with God's eyes, not merely my own.
- 2** Give thanks.
The day I have just lived is a gift from God. Be grateful for it.
- 3** Review the day.
I carefully look back on the day just completed, being guided by the Holy Spirit.
- 4** Face your shortcomings.
I face up to what is wrong—in my life and in me.
- 5** Look toward the day to come.
I ask where I need God in the day to come.

Version of the Examen from A Simple Life-Changing Prayer by Jim Manney © Loyola Press

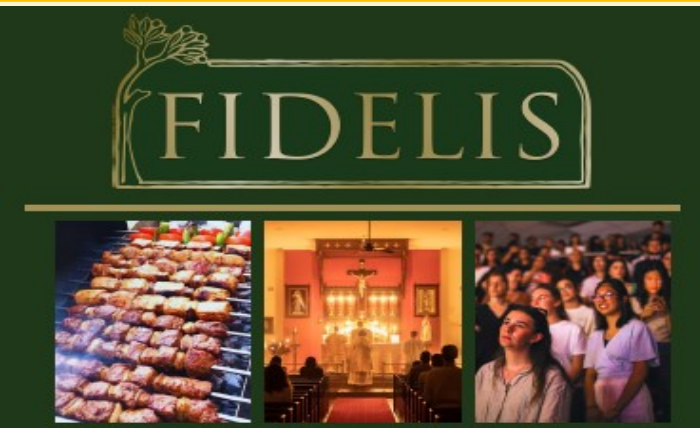
WWW.IGNATIANSPIRITUALITY.COM

Men's Night - Monday 12th August









Our next Men's Night will be held on Monday 12th August at 6.30pm at St Anne's.

On the night we will hear from Rod Mitchell. After raising a family and a long career in the pharmaceutical sector, Rod returned to university to complete a masters in theology at Notre Dame University. He is passionate about the study of scripture and empowering others to live life to the full. Rod will be giving a talk that reflects on Scripture and the lives of the Saints.



FIDELIS

MASS + ADORATION	FOOD + SOCIAL	TALK + Q&A
31 July	5:00-7:00 ADORATION + 6PM MASS 7:00-8:00 FOOD + SOCIAL 8:00-9:30 TALK + Q&A	St Michael's Catholic Church Belfield 20 Margaret St, Belfield
GUEST Speakers	 MORICA DOHERTY	 FR ROBERT MANN
   		TOPIC: Religious Freedom: Fight or Flight?



ALL WELCOME TO ST MARY MACKILLOP FEAST DAY CELEBRATION
8th August

You are warmly invited to a day of celebration, prayer, pilgrimage and thanksgiving for Saint Mary of the Cross Mackillop Feast day on 8th August 2024 at Mary Mackillop Place, 80 William St, North Sydney.

Mass time will be held at 8am in the Chapel, 10am and 1pm on the Glen Roy Green (please bring a hat) and 6pm in the Chapel.
10am Mass will be livestreamed free via the website www.marymackillopplace.org.au

Pray at the tomb of St Mary Mackillop. Write your prayers of Petition. Reflect in the Chapel. Spend time in Alma Cottage – the place of St Mary's death.

Enjoy free entry into the museum. Light meals and refreshments are available. Purchase memorabilia in the Café and Gift Shop.



Gloria

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, You alone are the Lord, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.

Amen

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven, (all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, Catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen

Entrance Antiphon

Psalm 67:6-7,36

God is in his holy place, God who unites those who dwell in his house; he himself gives might and strength to his people.

First Reading

2 Kings 4:42-44

A reading from the second book of the Kings

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. ‘Give it to the people to eat,’ Elisha said. But his servant replied, ‘How can I serve this to a hundred men?’ ‘Give it to the people to eat’ he insisted ‘for the Lord says this, “They will eat and have some left over.”’ He served them; they ate and had some over, as the Lord had said.

Responsorial Psalm

Ps 144:10-11, 15-18. R. v.16

(R.) The hand of the Lord feeds us; he answers all our needs.

1. All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God. **(R.)**
2. The eyes of all creatures look to you and you give them their food in due time. You open wide your hand, grant the desires of all who live. **(R.)**
3. The Lord is just in all his ways and loving in all his deeds. He is close to all who call him, who call on him from their hearts. **(R.)**

Second Reading

Ephesians 4:1-6

A reading from the letter of St Paul to the Ephesians

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

Gospel Acclamation

Alleluia, alleluia!

A great prophet has appeared among us; God has visited his people.

Alleluia!

Gospel

John 6:1-15

A reading from the holy Gospel according to John

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover. Looking up, Jesus saw the crowds approaching and said to Philip, ‘Where can we buy some bread for these people to eat?’ He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, ‘Two hundred denarii would only buy enough to give them a small piece each.’ One of his disciples, Andrew, Simon Peter’s brother, said, ‘There is a small boy here with five barley loaves and two fish; but what is that between so many?’ Jesus said to them, ‘Make the people sit down.’ There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, ‘Pick up the pieces left over, so that nothing gets wasted.’ So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, ‘This really is the prophet who is to come into the world.’ Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

Communion Antiphon

Bless the Lord, O my soul, and never forget all his benefits.

