

# A BRIEF EXAMINATION OF CONSCIENCE FOR THE YOUNG

## I. YOU SHALL WORSHIP THE LORD YOUR GOD AND HIM ONLY SHALL YOU SERVE

Have I failed to love God at all times?

Have I failed to pray every day?

## II. YOU SHALL NOT TAKE THE NAME OF THE LORD YOUR GOD IN VAIN

Have I used the Holy Name of God disrespectfully?

Have I used the Holy Name of God in a curse?

Have I broken an oath made with God as a witness?

## III. REMEMBER THE SABBATH DAY, TO KEEP IT HOLY

Have I done unnecessary work on a Sunday?

Have I failed to charitable works on a Sunday?

Have I forgotten or refused to go to Mass on a Sunday or Holy Day of Obligation?

Have I been the cause of someone else's missing Mass?

Have I received Holy Communion without keeping the fast for at least an hour?

Have I received communion in a church that was not a Catholic Church?

## IV. HONOR YOUR FATHER AND YOUR MOTHER, THAT YOUR DAYS MAY BE LONG IN THE LAND WHICH THE LORD YOUR GOD GIVES YOU

Have I failed to love my parents and relatives?

Have I disobeyed my parents or grandparents?

Have I disrespected someone in authority over me?

Have I abused my own authority?

## V. YOU SHALL NOT MURDER

Have I teased people?

Have I said mean things?

Have I picked on someone?

Have I failed to make peace?

Have I taken unnecessary risks for fun or on a dare?

## VI. YOU SHALL NOT COMMIT ADULTERY

## IX. YOU SHALL NOT COVET YOUR NEIGHBOR'S WIFE

Have I had impure thoughts?

Have I told or laughed at dirty jokes?

Have I watched bad movies?

## VII. YOU SHALL NOT STEAL

## X. YOU SHALL NOT COVET ANYTHING THAT BELONGS TO YOUR NEIGHBOR

Have I cheated?

Have I failed to share with others?

Have I pouted when I didn't get what I want?

Have I wished bad things would happen to people because they have something I want?

Have I failed to respect other people's property?

Have I stolen anything?

## VIII. YOU SHALL NOT BEAR FALSE WITNESS AGAINST YOUR NEIGHBOR

Have I played games with the truth?

Have I lied?

Have I gossiped?